Annual Report 2023 for Calendar Year 2022 | U.S. Office of Government Ethics; 5 C.F.R. part 2634 | Form Approved: OMB No. (3209-0001) (Updated Nov. 2021)

Executive Branch Personnel Public Financial Disclosure Report (OGE Form 278e)

Filer's Information

Land, Guy P

Designated Agency Ethics Official, Appalachian Regional Commission

Report Year: 2023

Other Federal Government Positions Held During the Preceding 12 Months: None

Electronic Signature - I certify that the statements I have made in this form are true, complete and correct to the best of my knowledge.

/s/ Land, Guy P [electronically signed on 05/09/2023 by Land, Guy P in Integrity.gov]

Agency Ethics Official's Opinion - On the basis of information contained in this report, I conclude that the filer is in compliance with applicable laws and regulations (subject to any comments below).

/s/ Wilmoth, Jill S., Certifying Official [electronically signed on 05/26/2023 by Wilmoth, Jill S. in Integrity.gov]

Other review conducted by

U.S. Office of Government Ethics Certification

/s/ Granahan, Megan, Certifying Official [electronically signed on 06/14/2023 by Granahan, Megan in Integrity.gov]

1. Filer's Positions Held Outside United States Government

#	ORGANIZATION NAME	CITY, STATE	ORGANIZATION TYPE	POSITION HELD	FROM	то
1	Fairlington Citizens Association	Arlington, Virginia	civic association	President	12/2012	Present
2	Fairlington Cares, Inc.	Arlington, Virginia	Non-Profit	President	7/2020	Present

2. Filer's Employment Assets & Income and Retirement Accounts

#	DESCRIPTION	EIF	VALUE	INCOME TYPE	INCOME AMOUNT
1	Truist Bank CDs	No	\$50,001 - \$100,000	Interest	\$201 - \$1,000
2	Wells Fargo Bank CD	No	\$1,001 - \$15,000	Interest	\$201 - \$1,000
3	Wright Patman Credit Union CDs	No	\$100,001 - \$250,000	Interest	\$2,501 - \$5,000
4	Wright Patman Credit Union SEP-IRA CDs	No	\$100,001 - \$250,000	Interest	\$2,501 - \$5,000
5	Dept. of Commerce Credit Union CDs	No	\$250,001 - \$500,000	Interest	\$5,001 - \$15,000

3. Filer's Employment Agreements and Arrangements

None

4. Filer's Sources of Compensation Exceeding \$5,000 in a Year

(N/A) - Not required for this type of report

5. Spouse's Employment Assets & Income and Retirement Accounts

None

6. Other Assets and Income

#	DESCRIPTION	EIF	VALUE	INCOME TYPE	INCOME AMOUNT
1	T. Rowe Price Equity Income Fund	Yes	\$50,001 - \$100,000		\$2,501 - \$5,000
2	Janus Henderson Global Research Fund	Yes	\$15,001 - \$50,000		\$1,001 - \$2,500
3	Dodge & Cox Balanced Fund	Yes	\$15,001 - \$50,000		\$2,501 - \$5,000
4	Torray Fund	Yes	\$15,001 - \$50,000		\$2,501 - \$5,000
5	Vanguard Wellington Fund	Yes	\$15,001 - \$50,000		\$2,501 - \$5,000
6	Mairs & Power Growth Fund	Yes	\$15,001 - \$50,000		\$2,501 - \$5,000
7	Vanguard REIT Fund	Yes	\$15,001 - \$50,000		\$1,001 - \$2,500
8	Sit Tax-Free Income Fund	Yes	\$1,001 - \$15,000		None (or less than \$201)
9	Columbia Threadneedle Tax-Exempt Fund	Yes	\$1,001 - \$15,000		None (or less than \$201)

#	DESCRIPTION		EIF	VALUE	INCOME TYPE	INCOME AMOUNT
10	Apple Inc. Common Stock		No	\$15,001 - \$50,000	Dividends	\$201 - \$1,000
11	Cadence Bank Common Stock		No	\$1,001 - \$15,000	Dividends	\$201 - \$1,000
12	Cisco Systems, Inc Common Stock		No	\$15,001 - \$50,000	Dividends	\$201 - \$1,000
13	Coca-Cola Co. Common Stock		No	\$1,001 - \$15,000	Dividends	\$201 - \$1,000
14	CVS Caremark Co. Common Stock		No	\$15,001 - \$50,000	Dividends	\$201 - \$1,000
15	Home Depot Inc. Common Stock		No	\$50,001 - \$100,000	Dividends	\$1,001 - \$2,500
16	Intel Corp. Common Stock		No	\$1,001 - \$15,000	Dividends	\$201 - \$1,000
17	Microsoft Corp. Common Stock		No	\$50,001 - \$100,000	Dividends	\$201 - \$1,000
18	Oracle Corp. Common Stock		No	\$1,001 - \$15,000	Dividends	None (or less than \$201)
19	Pfizer Inc. Common Stock		No	\$1,001 - \$15,000	Dividends	\$201 - \$1,000
20	Renasant Corporation Common Stock		No	\$1,001 - \$15,000	Dividends	None (or less than \$201)
21	Southwest Airlines Common Stock		No	\$1,001 - \$15,000	Dividends	None (or less than \$201)
22	Stratasys, Ltd. Common Stock		No	\$1,001 - \$15,000	Dividends	None (or less than \$201)
23	Target Corp. Common Stock		No	\$15,001 - \$50,000	Dividends	\$201 - \$1,000
24	Walmart Common Stock		No	\$15,001 - \$50,000	Dividends	\$201 - \$1,000
25	Elme Communities Common Stock	See Endnote	No	\$1,001 - \$15,000	Dividends	\$201 - \$1,000

#	DESCRIPTION	EIF	VALUE	INCOME TYPE	INCOME AMOUNT
26	Wells Fargo Common Stock	No	\$1,001 - \$15,000	Dividends	None (or less than \$201)
27	Arlington County (VA) General Obligation Bonds due 2024	No	None (or less than \$1,001)	Interest	\$201 - \$1,000
28	Arlington County (VA) General Obligation Bonds due 2024	No	\$15,001 - \$50,000	Interest	\$201 - \$1,000
29	Arlington County (VA) General Obligation Bonds due 2027	No	\$15,001 - \$50,000	Interest	\$201 - \$1,000
30	Wright Patman Congressional Credit Union CDs	No	\$100,001 - \$250,000	Interest	\$2,501 - \$5,000
31	Dept. of Commerce Credit Union CDs	No	\$100,001 - \$250,000	Interest	\$5,001 - \$15,000
32	Discover Bank CDs	No	\$100,001 - \$250,000	Interest	\$2,501 - \$5,000
33	Barclays Bank CDs	No	\$100,001 - \$250,000	Interest	\$5,001 - \$15,000
34	Axos/Nationwide Bank CDs	No	\$15,001 - \$50,000	Interest	None (or less than \$201)
35	Ally Bank CDs	No	\$50,001 - \$100,000	Interest	\$1,001 - \$2,500
36	E-Loan CD	No	\$15,001 - \$50,000	Interest	None (or less than \$201)
37	American Express High-Yield Savings	No	\$100,001 - \$250,000	Interest	\$2,501 - \$5,000
38	Wells Fargo High-Yield Savings	No	\$100,001 - \$250,000	Interest	\$201 - \$1,000
39	Wells Fargo Checking	No	\$15,001 - \$50,000	Interest	None (or less than \$201)

#	DESCRIPTION	EIF	VALUE	INCOME TYPE	INCOME AMOUNT
40	Bank of America Money Market	No	\$15,001 - \$50,000	Interest	None (or less than \$201)
41	Capitol One 360 Money Market	No	\$50,001 - \$100,000	Interest	\$1,001 - \$2,500
42	Congressional Federal Credit Union Capital Money Market	No	\$15,001 - \$50,000	Interest	\$201 - \$1,000
43	Goldman Sachs Bank CD	No	\$100,001 - \$250,000	Interest	\$2,501 - \$5,000
44	Arlington County (VA) General Obligation Bonds due 2033	No	\$15,001 - \$50,000	Interest	\$201 - \$1,000
45	Arlington County (VA) General Obligation Bonds due 2031	No	\$15,001 - \$50,000	Interest	\$201 - \$1,000
46	Arlington County (VA) General Obligation Bonds due 2032	No	\$15,001 - \$50,000	Interest	\$201 - \$1,000
47	Vanguard Index 500 Fund	Yes	\$100,001 - \$250,000		\$2,501 - \$5,000
48	Harbor Capital Appreciation Fund	Yes	\$50,001 - \$100,000		\$15,001 - \$50,000
49	Colorado Savings Bank	No	\$15,001 - \$50,000	Interest	None (or less than \$201)
50	Arlington County (VA) General Obligation Bonds due 2030	No	\$15,001 - \$50,000	Interest	\$201 - \$1,000
51	Arlington County (VA) General Obligation Bonds Due 2036	No	\$15,001 - \$50,000	Interest	\$201 - \$1,000
52	CB&S Bank CDs and checking	No	\$250,001 - \$500,000	Interest	\$1,001 - \$2,500
53	Renasant Bank CDs	No	\$100,001 - \$250,000	Interest	\$1,001 - \$2,500

#	DESCRIPTION	EIF	VALUE	INCOME TYPE	INCOME AMOUNT
54	Bank of Kilmichael CDs	No	\$100,001 - \$250,000	Interest	\$2,501 - \$5,000
55	Regions Bank CDs and checking	No	\$250,001 - \$500,000	Interest	\$1,001 - \$2,500
56	Bank of Winona CDs	No	\$100,001 - \$250,000	Interest	\$1,001 - \$2,500
57	MidFirst Bank CD	No	\$50,001 - \$100,000	Interest	\$1,001 - \$2,500
58	BankFirst CD	No	\$50,001 - \$100,000	Interest	\$201 - \$1,000
59	Regions Bank Common Stock	No	\$1,001 - \$15,000	Dividends	None (or less than \$201)
60	Protective Life Insurance	No	\$1,001 - \$15,000	Interest	None (or less than \$201)
61	Webster County MS Farmland	No	\$500,001 - \$1,000,000	Rent or Royalties	\$2,501 - \$5,000
62	AT&T Inc Common Stock	No	\$1,001 - \$15,000	Dividends	None (or less than \$201)
63	Arlington County (VA) General Obligation Bonds Due 2028	No	\$15,001 - \$50,000	Interest	\$201 - \$1,000
64	Arlington County (VA) General Obligation Bonds Due 2035	No	\$15,001 - \$50,000	Interest	\$201 - \$1,000
65	Arlington County (VA) General Obligation Bonds Due 2029	No	\$1,001 - \$15,000	Interest	\$201 - \$1,000
66	First Bank CD	No	\$100,001 - \$250,000	Interest	None (or less than \$201)
67	Virginia 529	Yes	\$1,001 - \$15,000		None (or less than \$201)

#	DESCRIPTION	EIF	VALUE INCOME TYP	E INCOME AMOUNT
67.1	Virginia 529 ESG Core Equity Fund	Yes	\$1,001 - \$15,000	None (or less than \$201)
67.2	Virginia 529 Stable Value Fund	Yes	\$1,001 - \$15,000	None (or less than \$201)
67.3	Virginia 529 Inflation Protected Securities Fund	Yes	\$1,001 - \$15,000	None (or less than \$201)
67.4	Virginia 529 Aggressive Growth Fund	Yes	\$1,001 - \$15,000	None (or less than \$201)
67.5	Virginia 529 FDIC-Insured Fund	Yes	\$1,001 - \$15,000	None (or less than \$201)
68	Virginia General Obligation Bonds, Due 2029	No	\$1,001 - \$15,000 Interest	\$201 - \$1,000
69	Treasury I-Bond	No	\$1,001 - \$15,000 Interest	None (or less than \$201)

7. Transactions

#	DESCRIPTION	TYPE	DATE	AMOUNT	
1	Arlington County VA General Obligation Bonds, due 8/15/2029	Purchase	01/26/2022	\$1,001 - \$15,000	
2	Arlington County VA General Obligation Bonds, due 8/1/2029	Purchase	01/26/2022	\$1,001 - \$15,000	
3	Apple Common Stock (APPL)	Purchase	02/03/2022	\$1,001 - \$15,000	
4	Arlington County VA General Obligation Bonds Due 2/15/2024	Sale	02/15/2022	\$1,001 - \$15,000	
5	Virginia 529 Aggressive Growth Fund	Purchase	06/21/2022	\$1,001 - \$15,000	

8. Liabilities

None		
9. Gifts and	d Travel Reimburse	ments
None		
Endnotes		
PART	#	ENDNOTE
6.	25	Washington Real Estate Investment Trust changed its name to Elme Communities.

Summary of Contents

1. Filer's Positions Held Outside United States Government

Part 1 discloses positions that the filer held at any time during the reporting period (excluding positions with the United States Government). Positions are reportable even if the filer did not receive compensation.

This section does not include the following: (1) positions with religious, social, fraternal, or political organizations; (2) positions solely of an honorary nature; (3) positions held as part of the filer's official duties with the United States Government; (4) mere membership in an organization; and (5) passive investment interests as a limited partner or non-managing member of a limited liability company.

2. Filer's Employment Assets & Income and Retirement Accounts

Part 2 discloses the following:

- Sources of earned and other non-investment income of the filer totaling more than \$200 during the reporting period (e.g., salary, fees, partnership share, honoraria, scholarships, and prizes)
- Assets related to the filer's business, employment, or other income-generating activities (1) that ended the reporting period with a value greater than \$1,000 or (2) from which more than \$200 in income was received during the reporting period (e.g., equity in business or partnership, stock options, retirement plans/accounts and their underlying holdings as appropriate, deferred compensation, and intellectual property, such as book deals and patents)

This section does not include assets or income from United States Government employment or assets that were acquired separately from the filer's business, employment, or other income-generating activities (e.g., assets purchased through a brokerage account). Note: The type of income is not required if the amount of income is \$0 - \$200 or if the asset qualifies as an excepted investment fund (EIF).

3. Filer's Employment Agreements and Arrangements

Part 3 discloses agreements or arrangements that the filer had during the reporting period with an employer or former employer (except the United States Government), such as the following:

- Future employment
- Leave of absence
- Continuing payments from an employer, including severance and payments not yet received for previous work (excluding ordinary salary from a current employer)
- Continuing participation in an employee welfare, retirement, or other benefit plan, such as pensions or a deferred compensation plan
- Retention or disposition of employer-awarded equity, sharing in profits or carried interests (e.g., vested and unvested stock options, restricted stock, future share of a company's profits, etc.)

4. Filer's Sources of Compensation Exceeding \$5,000 in a Year

Part 4 discloses sources (except the United States Government) that paid more than \$5,000 in a calendar year for the filer's services during any year of the reporting period.

The filer discloses payments both from employers and from any clients to whom the filer personally provided services. The filer discloses a source even if the source made its payment to the filer's employer and not to the filer. The filer does not disclose a client's payment to the filer's employer if the filer did not provide the services for which the client is paying.

5. Spouse's Employment Assets & Income and Retirement Accounts

Part 5 discloses the following:

- Sources of earned income (excluding honoraria) for the filer's spouse totaling more than \$1,000 during the reporting period (e.g., salary, consulting fees, and partnership share)
- Sources of honoraria for the filer's spouse greater than \$200 during the reporting period
- Assets related to the filer's spouse's employment, business activities, other income-generating activities (1) that ended the reporting period with a value greater than \$1,000 or (2) from which more than \$200 in income was received during the reporting period (e.g., equity in business or partnership, stock options, retirement plans/accounts and their underlying holdings as appropriate, deferred compensation, and intellectual property, such as book deals and patents)

This section does not include assets or income from United States Government employment or assets that were acquired separately from the filer's spouse's business, employment, or other income-generating activities (e.g., assets purchased through a brokerage account). Note: The type of income is not required if the amount of income is \$0 - \$200 or if the asset qualifies as an excepted investment fund (EIF). Amounts of income are not required for a spouse's earned income (excluding honoraria).

6. Other Assets and Income

Part 6 discloses each asset, not already reported, (1) that ended the reporting period with a value greater than \$1,000 or (2) from which more than \$200 in investment income was received during the reporting period. For purposes of the value and income thresholds, the filer aggregates the filer's interests with those of the filer's spouse and dependent children.

This section does not include the following types of assets: (1) a personal residence (unless it was rented out during the reporting period); (2) income or retirement benefits associated with United States Government employment (e.g., Thrift Savings Plan); and (3) cash accounts (e.g., checking, savings, money market accounts) at a single financial institution with a value of \$5,000 or less (unless more than \$200 in income was received). Additional exceptions apply. Note: The type of income is not required if the amount of income is \$0 - \$200 or if the asset qualifies as an excepted investment fund (EIF).

7. Transactions

Part 7 discloses purchases, sales, or exchanges of real property or securities in excess of \$1,000 made on behalf of the filer, the filer's spouse or dependent child during the reporting period.

This section does not include transactions that concern the following: (1) a personal residence, unless rented out; (2) cash accounts (e.g., checking, savings, CDs, money market accounts) and money market mutual funds; (3) Treasury bills, bonds, and notes; and (4) holdings within a federal Thrift Savings Plan account. Additional exceptions apply.

8. Liabilities

Part 8 discloses liabilities over \$10,000 that the filer, the filer's spouse or dependent child owed at any time during the reporting period.

This section does not include the following types of liabilities: (1) mortgages on a personal residence, unless rented out (limitations apply for PAS filers); (2) loans secured by a personal motor vehicle, household furniture, or appliances, unless the loan exceeds the item's purchase price; and (3) revolving charge accounts, such as credit card balances, if the outstanding liability did not exceed \$10,000 at the end of the reporting period. Additional exceptions apply.

9. Gifts and Travel Reimbursements

This section discloses:

- Gifts totaling more than \$415 that the filer, the filer's spouse, and dependent children received from any one source during the reporting period.
- Travel reimbursements totaling more than \$415 that the filer, the filer's spouse, and dependent children received from any one source during the reporting period.

For purposes of this section, the filer need not aggregate any gift or travel reimbursement with a value of \$166 or less. Regardless of the value, this section does not include the following items: (1) anything received from relatives; (2) anything received from the United States Government or from the District of Columbia, state, or local governments; (3) bequests and other forms of inheritance; (4) gifts and travel reimbursements given to the filer's agency in connection with the filer's official travel; (5) gifts of hospitality (food, lodging, entertainment) at the donor's residence or personal premises; and (6) anything received by the filer's spouse or dependent children totally independent of their relationship to the filer. Additional exceptions apply.

Privacy Act Statement

Title I of the Ethics in Government Act of 1978, as amended (the Act), 5 U.S.C. app. § 101 et seq., as amended by the Stop Trading on Congressional Knowledge Act of 2012 (Pub, L, 112-105) (STOCK Act), and 5 C.F.R. Part 2634 of the U.S. Office of Government Ethics regulations require the reporting of this information. Failure to provide the requested information may result in separation, disciplinary action, or civil action. The primary use of the information on this report is for review by Government officials to determine compliance with applicable Federal laws and regulations. This report may also be disclosed upon request to any requesting person in accordance with sections 105 and 402(b)(1) of the Act or as otherwise authorized by law. You may inspect applications for public access of your own form upon request. Additional disclosures of the information on this report may be made: (1) to any requesting person, subject to the limitation contained in section 208(d)(1) of title 18, any determination granting an exemption pursuant to sections 208(b)(1) and 208(b)(3) of title 18; (2) to a Federal. State, or local law enforcement agency if the disclosing agency becomes aware of violations or potential violations of law or regulation; (3) to a source when necessary to obtain information relevant to a conflict of interest investigation or determination; (4) to the National Archives and Records Administration or the General Services Administration in records management inspections; (5) to the Office of Management and Budget during legislative coordination on private relief legislation; (6) when the disclosing agency determines that the records are arguably relevant to a proceeding before a court, grand jury, or administrative or adjudicative body, or in a proceeding before an administrative or adjudicative body when the adjudicator determines the records to be relevant to the proceeding; (7) to reviewing officials in a new office, department or agency when an employee transfers or is detailed from one covered position to another, a public financial disclosure report and any accompanying documents, including statements notifying an employee's supervising ethics office of the commencement of negotiations for future employment or compensation or of an agreement for future employment or compensation; (8) to a Member of Congress or a congressional office in response to an inquiry made on behalf of and at the request of an individual who is the subject of the record: (9) to contractors and other non-Government employees working on a contract, service or assignment for the Federal Government when necessary to accomplish a function related to this system of records; (10) on the OGE Website and to any person, department or agency, any written ethics agreement, including certifications of ethics agreement compliance, filed with OGE by an individual nominated by the President to a position requiring Senate confirmation; (11) on the OGE Website and to any person, department or agency, any certificate of divestiture issued by OGE; (12) on the OGE Website and to any person, department or agency, any waiver of the restrictions contained in Executive Order 13770 or any superseding executive order: (13) to appropriate agencies, entities and persons when there has been a suspected or confirmed breach of the system of records, the agency maintaining the records has determined that there is a risk of harm to individuals, the agency, the Federal Government, or national security, and the disclosure is reasonably necessary to assist in connection with the agency's efforts to respond to the suspected or confirmed breach or to prevent, minimize, or remedy such harm; and (14) to another Federal agency or Federal entity, when the agency maintaining the record determines that information from this system of records is reasonably necessary to assist the recipient agency or entity in responding to a suspected or confirmed breach or in preventing, minimizing, or remedying the risk of harm to individuals, the recipient agency or entity, the Federal Government, or national security. See also the OGE/GOVT-1 executive branch-wide Privacy Act system of records.

Public Burden Information

This collection of information is estimated to take an average of ten hours per response, including time for reviewing the instructions, gathering the data needed, and completing the form. Send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the Program Counsel, U.S. Office of Government Ethics (OGE), Suite 500, 1201 New York Avenue, N.W., Washington, DC 20005-3917.

Pursuant to the Paperwork Reduction Act, as amended, an agency may not conduct or sponsor, and no person is required to respond to, a collection of information unless it displays a currently valid OMB control number (that number, 3209-0001, is displayed here and at the top of the first page of this OGE Form 278e).