

Contact

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Helen Medsger

Lewy Body Dementia Caregiver Peer Mentor, Support Group Facilitator, Support Services Volunteer, Dementia and Caregiver Advocate

Santa Rosa, California, United States

Summary

Lewy Body Dementia Caregiver Peer Mentor, Support Group Facilitator, Support Services Volunteer, and Advocate. 30+ years of caregiving two generations of my family with Lewy Body Dementia translated to supporting individuals and families living with this neurodegenerative disease. Engaged advocate at the local, national, and global levels.

Experience

U.S. Department of Health and Human Services (HHS) / ASPE
Caregiver Representative, NAPA Advisory Council / Alzheimer's
Research, Care, and Services Committee

October 2021 - Present (1 year 11 months)

Washington, DC

ISTAART PIA: Partnering with Research Participants
Public & Patient Involvement Chair

September 2022 - Present (1 year)

Lewy Body Dementia Association, Inc.

Support Group Facilitator and Support Services Volunteer

January 2016 - Present (7 years 8 months)

Northern California

University of California, San Francisco

Member, UCSF Memory & Aging Center, Family Advisory Council

January 2015 - Present (8 years 8 months)

Global Brain Health Institute (GBHI)

Member, Dementia Community Research Advisory Panel

January 2021 - Present (2 years 8 months)

Lewy Body Ireland

Advisor

January 2021 - Present (2 years 8 months)

SONOMA FAMILY MEAL

Volunteer, Disaster Food Relief

October 2017 - Present (5 years 11 months)

Disaster Relief Volunteer

Brain Support Network

13 years

Guest Speaker

2010 - Present (13 years)

Founding Board Member

2012 - 2014 (2 years)
